

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 17:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Sevenants Marc

Coaches: Muls Quinten

Coaches: De Punder Wout

Coaches: Tutenel Hilde HEADCOACH

Coaches: Roosen Anouk

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

| Event number: 1: 400M FREESTYLE MEN 11+            |           |           |           |                                                             |           |           | Heat:4, starttime: 18:19 |           |
|----------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 4/4    Lane : 5    Athlete: FLORES SéBASTIEN |           |           |           |                                                             |           |           | Q-time: 04:45:71         |           |
| PB (25m pool): 04:45.71    Vilvoorde 26/04/2026    |           |           |           | PB (50m pool): 04:48.82SB: 04:45.71    Vilvoorde 26/04/2026 |           |           |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                                                     | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                                 |           | 00:31.68  |           | 01:07.46                                                    |           | no time   |                          | 02:20.31  |
|                                                    | 00:31.68  |           | 00:35.78  |                                                             |           |           |                          |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                                    | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                                                       | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                                 |           | no time   |           | no time                                                     |           | no time   |                          | 04:45.71  |
|                                                    |           |           |           |                                                             |           |           |                          |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 5: 100M BUTTERFLY MEN 11+      |           |           |           |                                     |  |  | Heat:1, starttime: 18:58 |  |
|----------------------------------------------|-----------|-----------|-----------|-------------------------------------|--|--|--------------------------|--|
| Heat: 1/5    Lane : 2    Athlete: LAENEN CID |           |           |           |                                     |  |  | Q-time: 01:53:81         |  |
| PB (25m pool): no time                       |           |           |           | PB (50m pool): 01:53.81 SB: no time |  |  |                          |  |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                             |  |  |                          |  |
| PB                                           |           | no time   |           | no time                             |  |  |                          |  |
|                                              | no time   |           |           |                                     |  |  |                          |  |
|                                              | . . . . . | . . . . . | . . . . . | . . . . .                           |  |  |                          |  |

Coach feedback:

| Event number: 5: 100M BUTTERFLY MEN 11+        |           |  |           |                                                           |           |  | Heat:4, starttime: 19:04 |  |  |  |
|------------------------------------------------|-----------|--|-----------|-----------------------------------------------------------|-----------|--|--------------------------|--|--|--|
| Heat: 4/5    Lane : 3    Athlete: DEHAEN FERRE |           |  |           |                                                           |           |  | Q-time: 01:05:91         |  |  |  |
| PB (25m pool): 01:05.91    Hannuit 29/11/2025  |           |  |           | PB (50m pool): 01:07.57SB: 01:05.91    Hannuit 29/11/2025 |           |  |                          |  |  |  |
|                                                | 2 5 M     |  | 5 0 M     |                                                           | 7 5 M     |  | 1 0 0 M                  |  |  |  |
| PB                                             |           |  | 00:30.43  |                                                           |           |  | 01:05.91                 |  |  |  |
|                                                | 00:30.43  |  |           |                                                           | 00:35.48  |  |                          |  |  |  |
|                                                | . . . . . |  | . . . . . |                                                           | . . . . . |  | . . . . .                |  |  |  |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

| Event number: 6: 100M BUTTERFLY WOMEN 11+    |         |         |       |          | Heat:1, starttime: 19:08           |
|----------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 1/3 Lane : 3 Athlete: GIJSENBURG WINKE |         |         |       |          | Q-time: 01:49:07                   |
| PB (25m pool): 01:45.19 De Sprink 02/06/2024 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                           |         | no time |       | 01:45.19 |                                    |
|                                              | no time |         |       |          |                                    |
|                                              | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 6: 100M BUTTERFLY WOMEN 11+                 |          |          |          |          | Heat:2, starttime: 19:10                                |
|-----------------------------------------------------------|----------|----------|----------|----------|---------------------------------------------------------|
| Heat: 2/3 Lane : 3 Athlete: FERNANDEZ PEDRERA TARIK LAILA |          |          |          |          | Q-time: 01:17:58                                        |
| PB (25m pool): 01:17.58 Hannuit 29/11/2025                |          |          |          |          | PB (50m pool): 01:19.92 SB: 01:17.58 Hannuit 29/11/2025 |
|                                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                         |
| PB                                                        |          | 00:37.05 |          | 01:17.58 |                                                         |
|                                                           | 00:37.05 |          | 00:40.53 |          |                                                         |
|                                                           | .....    | .....    | .....    | .....    |                                                         |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE MEN 11+ |          |          |          |          | Heat:1, starttime: 19:14                              |
|--------------------------------------------|----------|----------|----------|----------|-------------------------------------------------------|
| Heat: 1/5 Lane : 2 Athlete: MENTEN SIMON   |          |          |          |          | Q-time: 02:00:32                                      |
| PB (25m pool): 02:00.32 Tienen 26/10/2025  |          |          |          |          | PB (50m pool): no time SB: 02:00.32 Tienen 26/10/2025 |
|                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                       |
| PB                                         |          | 00:56.16 |          | 02:00.32 |                                                       |
|                                            | 00:56.16 |          | 01:04.16 |          |                                                       |
|                                            | .....    | .....    | .....    | .....    |                                                       |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE MEN 11+   |          |          |          |          | Heat:2, starttime: 19:17                                  |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 2/5 Lane : 1 Athlete: TOBAC RIK        |          |          |          |          | Q-time: 01:48:91                                          |
| PB (25m pool): 01:48.91 Vilvoorde 26/04/2026 |          |          |          |          | PB (50m pool): 01:56.57 SB: 01:48.91 Vilvoorde 26/04/2026 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                           |          | 00:52.47 |          | 01:48.91 |                                                           |
|                                              | 00:52.47 |          | 00:56.44 |          |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

| Event number: 7: 100M BREASTSTROKE MEN 11+   |          |          |          |          | Heat:2, starttime: 19:17                                  |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 2/5 Lane : 4 Athlete: DE MUYTER THOMAS |          |          |          |          | Q-time: 01:36:83                                          |
| PB (25m pool): 01:36.83 Vilvoorde 26/04/2026 |          |          |          |          | PB (50m pool): 01:45.21 SB: 01:36.83 Vilvoorde 26/04/2026 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                           |          | 00:45.97 |          | 01:36.83 |                                                           |
|                                              | 00:45.97 |          | 00:50.86 |          |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE MEN 11+  |          |          |          |          | Heat:3, starttime: 19:19                                 |
|---------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 3/5 Lane : 3 Athlete: VAN GORP LUCAS  |          |          |          |          | Q-time: 01:25:94                                         |
| PB (25m pool): 01:25.94 Zaventem 08/02/2026 |          |          |          |          | PB (50m pool): 01:26.75 SB: 01:25.94 Zaventem 08/02/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                          |          | 00:40.92 |          | 01:25.94 |                                                          |
|                                             | 00:40.92 |          | 00:45.02 |          |                                                          |
|                                             | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE MEN 11+ |         |         |       |          | Heat:5, starttime: 19:23                               |
|--------------------------------------------|---------|---------|-------|----------|--------------------------------------------------------|
| Heat: 5/5 Lane : 5 Athlete: CAMBRON WARD   |         |         |       |          | Q-time: 01:13:64                                       |
| PB (25m pool): 01:13.64 LEUVEN 21/12/2025  |         |         |       |          | PB (50m pool): 01:18.95 SB: 01:13.64 LEUVEN 21/12/2025 |
|                                            | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                        |
| PB                                         |         | no time |       | 01:13.64 |                                                        |
|                                            | no time |         |       |          |                                                        |
|                                            | .....   | .....   | ..... | .....    |                                                        |

Coach feedback:

| Event number: 9: 200M FREESTYLE MEN 11+         |           |           |                                       |           |           |           | Heat:1, starttime: 19:49 |           |
|-------------------------------------------------|-----------|-----------|---------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/3    Lane : 2    Athlete: ALLOING MYLAN |           |           |                                       |           |           |           | Q-time: 99:99:99         |           |
| PB (25m pool): no time                          |           |           | PB (50m pool): no time    SB: no time |           |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M                                 | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | no time   |                                       | no time   |           | no time   |                          | no time   |
|                                                 | no time   |           |                                       |           |           |           |                          |           |
|                                                 | . . . . . | . . . . . | . . . . .                             | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

|                                             |         |         |       |          |                                                         |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Event number: 14: 100M BACKSTROKE WOMEN 11+ |         |         |       |          | Heat:1, starttime: 20:34                                |
| Heat: 1/2 Lane : 3 Athlete: ALLOING MYRTHE  |         |         |       |          | Q-time: 01:17:99                                        |
| PB (25m pool): 01:15.74 Zaventem 16/07/2024 |         |         |       |          | PB (50m pool): 01:20.27 SB: 01:17.99 Hannuit 29/11/2025 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:15.74 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

|                                             |                   |          |       |          |                                                          |
|---------------------------------------------|-------------------|----------|-------|----------|----------------------------------------------------------|
| Event number: 15: 100M FREESTYLE MEN 11+    |                   |          |       |          | Heat:1, starttime: 20:39                                 |
| Heat: 1/8 Lane : 1 Athlete: MENTEN SIMON    |                   |          |       |          | Q-time: 01:32:62                                         |
| PB (25m pool): 01:32.62 Zaventem 08/02/2026 |                   |          |       |          | PB (50m pool): 01:37.90 SB: 01:32.62 Zaventem 08/02/2026 |
|                                             | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                          |
| PB                                          |                   | 00:44.47 |       | 01:32.62 |                                                          |
|                                             | 00:44.47 00:48.15 |          |       |          |                                                          |
|                                             | .....             | .....    | ..... | .....    |                                                          |

Coach feedback:

|                                             |                   |          |       |          |                                                          |
|---------------------------------------------|-------------------|----------|-------|----------|----------------------------------------------------------|
| Event number: 15: 100M FREESTYLE MEN 11+    |                   |          |       |          | Heat:1, starttime: 20:39                                 |
| Heat: 1/8 Lane : 2 Athlete: TOBAC RIK       |                   |          |       |          | Q-time: 01:24:76                                         |
| PB (25m pool): 01:24.76 Tervuren 30/05/2026 |                   |          |       |          | PB (50m pool): 01:36.36 SB: 01:24.76 Tervuren 30/05/2026 |
|                                             | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                          |
| PB                                          |                   | 00:41.06 |       | 01:24.76 |                                                          |
|                                             | 00:41.06 00:43.70 |          |       |          |                                                          |
|                                             | .....             | .....    | ..... | .....    |                                                          |

Coach feedback:

|                                              |                   |          |       |          |                                                          |
|----------------------------------------------|-------------------|----------|-------|----------|----------------------------------------------------------|
| Event number: 15: 100M FREESTYLE MEN 11+     |                   |          |       |          | Heat:1, starttime: 20:39                                 |
| Heat: 1/8 Lane : 3 Athlete: DE MUYTER THOMAS |                   |          |       |          | Q-time: 01:22:64                                         |
| PB (25m pool): 01:22.64 Tervuren 30/05/2026  |                   |          |       |          | PB (50m pool): 01:26.83 SB: 01:22.64 Tervuren 30/05/2026 |
|                                              | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                          |
| PB                                           |                   | 00:39.19 |       | 01:22.64 |                                                          |
|                                              | 00:39.19 00:43.45 |          |       |          |                                                          |
|                                              | .....             | .....    | ..... | .....    |                                                          |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

| Event number: 15: 100M FREESTYLE MEN 11+    |          |          |          |          | Heat:2, starttime: 20:41                                 |
|---------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 2/8 Lane : 1 Athlete: GRéGOIRE MATS   |          |          |          |          | Q-time: 01:18:18                                         |
| PB (25m pool): 01:18.18 Tervuren 30/05/2026 |          |          |          |          | PB (50m pool): 01:25.46 SB: 01:18.18 Tervuren 30/05/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                          |          | 00:36.93 |          | 01:18.18 |                                                          |
|                                             | 00:36.93 |          | 00:41.25 |          |                                                          |
|                                             | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

| Event number: 15: 100M FREESTYLE MEN 11+    |          |          |          |          | Heat:2, starttime: 20:41                                 |
|---------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 2/8 Lane : 4 Athlete: LAENEN CID      |          |          |          |          | Q-time: 01:15:30                                         |
| PB (25m pool): 01:15.30 Tervuren 30/05/2026 |          |          |          |          | PB (50m pool): 01:16.93 SB: 01:15.30 Tervuren 30/05/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                          |          | 00:35.63 |          | 01:15.30 |                                                          |
|                                             | 00:35.63 |          | 00:39.67 |          |                                                          |
|                                             | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

| Event number: 15: 100M FREESTYLE MEN 11+     |          |          |          |          | Heat:5, starttime: 20:46                                  |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 5/8 Lane : 1 Athlete: VAN GORP LUCAS   |          |          |          |          | Q-time: 01:04:25                                          |
| PB (25m pool): 01:04.25 Vilvoorde 26/04/2026 |          |          |          |          | PB (50m pool): 01:05.05 SB: 01:04.25 Vilvoorde 26/04/2026 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                           |          | 00:30.70 |          | 01:04.25 |                                                           |
|                                              | 00:30.70 |          | 00:33.55 |          |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 15: 100M FREESTYLE MEN 11+     |          |          |          |          | Heat:5, starttime: 20:46                                 |
|----------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 5/8 Lane : 3 Athlete: FLORES SéBASTIEN |          |          |          |          | Q-time: 01:01:55                                         |
| PB (25m pool): 01:01.55 Zaventem 08/02/2026  |          |          |          |          | PB (50m pool): 01:01.58 SB: 01:01.55 Zaventem 08/02/2026 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                           |          | 00:29.38 |          | 01:01.55 |                                                          |
|                                              | 00:29.38 |          | 00:32.17 |          |                                                          |
|                                              | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

| Event number: 15: 100M FREESTYLE MEN 11+    |          |          |          |          | Heat:6, starttime: 20:47                                |
|---------------------------------------------|----------|----------|----------|----------|---------------------------------------------------------|
| Heat: 6/8 Lane : 1 Athlete: JORIS JESSE     |          |          |          |          | Q-time: 01:01:16                                        |
| PB (25m pool): 01:01.16 Tervuren 30/05/2026 |          |          |          |          | PB (50m pool): 01:06.39SB: 01:01.16 Tervuren 30/05/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                         |
| PB                                          |          | 00:28.90 |          | 01:01.16 |                                                         |
|                                             | 00:28.90 |          | 00:32.26 |          |                                                         |
|                                             | .....    | .....    | .....    | .....    |                                                         |

Coach feedback:

| Event number: 15: 100M FREESTYLE MEN 11+    |          |          |          |          | Heat:6, starttime: 20:47                                |
|---------------------------------------------|----------|----------|----------|----------|---------------------------------------------------------|
| Heat: 6/8 Lane : 4 Athlete: DEHAEN FERRE    |          |          |          |          | Q-time: 00:59:86                                        |
| PB (25m pool): 00:59.86 Tervuren 30/05/2026 |          |          |          |          | PB (50m pool): 01:01.29SB: 00:59.86 Tervuren 30/05/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                         |
| PB                                          |          | 00:28.34 |          | 00:59.86 |                                                         |
|                                             | 00:28.34 |          | 00:31.52 |          |                                                         |
|                                             | .....    | .....    | .....    | .....    |                                                         |

Coach feedback:

| Event number: 15: 100M FREESTYLE MEN 11+    |          |          |          |          | Heat:7, starttime: 20:49                                |
|---------------------------------------------|----------|----------|----------|----------|---------------------------------------------------------|
| Heat: 7/8 Lane : 2 Athlete: CAMBRON WARD    |          |          |          |          | Q-time: 00:57:32                                        |
| PB (25m pool): 00:57.32 Tervuren 30/05/2026 |          |          |          |          | PB (50m pool): 00:59.58SB: 00:57.32 Tervuren 30/05/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                         |
| PB                                          |          | 00:27.27 |          | 00:57.32 |                                                         |
|                                             | 00:27.27 |          | 00:30.05 |          |                                                         |
|                                             | .....    | .....    | .....    | .....    |                                                         |

Coach feedback:

| Event number: 16: 100M FREESTYLE WOMEN 11+   |          |          |          |          | Heat:2, starttime: 20:54                                 |
|----------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 2/6 Lane : 4 Athlete: GIJSENBURG WINKE |          |          |          |          | Q-time: 01:13:16                                         |
| PB (25m pool): 01:13.16 Vilvoorde 26/04/2026 |          |          |          |          | PB (50m pool): 01:15.72SB: 01:13.16 Vilvoorde 26/04/2026 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                           |          | 00:33.67 |          | 01:13.16 |                                                          |
|                                              | 00:33.67 |          | 00:39.49 |          |                                                          |
|                                              | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

|                                             |          |          |          |          |                                                          |
|---------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Event number: 16: 100M FREESTYLE WOMEN 11+  |          |          |          |          | Heat:3, starttime: 20:56                                 |
| Heat: 3/6 Lane : 5 Athlete: ROOSEN TESS     |          |          |          |          | Q-time: 01:10:78                                         |
| PB (25m pool): 01:10.78 Zaventem 08/02/2026 |          |          |          |          | PB (50m pool): 01:11.95 SB: 01:10.78 Zaventem 08/02/2026 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                          |          | 00:34.06 |          | 01:10.78 |                                                          |
|                                             | 00:34.06 |          | 00:36.72 |          |                                                          |
|                                             | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

|                                               |          |          |          |          |                                                         |
|-----------------------------------------------|----------|----------|----------|----------|---------------------------------------------------------|
| Event number: 16: 100M FREESTYLE WOMEN 11+    |          |          |          |          | Heat:6, starttime: 21:01                                |
| Heat: 6/6 Lane : 5 Athlete: VAN BOXSTAEL NORA |          |          |          |          | Q-time: 01:04:35                                        |
| PB (25m pool): 01:04.35 Zaventem 15/07/2025   |          |          |          |          | PB (50m pool): 01:06.92 SB: 01:05.75 Dilbeek 28/09/2025 |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                         |
| PB                                            |          | 00:31.03 |          | 01:04.35 |                                                         |
|                                               | 00:31.03 |          | 00:33.32 |          |                                                         |
|                                               | .....    | .....    | .....    | .....    |                                                         |

Coach feedback:

|                                                       |         |         |       |          |                                                                   |
|-------------------------------------------------------|---------|---------|-------|----------|-------------------------------------------------------------------|
| Event number: 17: 100M MEDLEY MEN 11+                 |         |         |       |          | Heat:1, starttime: 21:03                                          |
| Heat: 1/3 Lane : 4 Athlete: GRéGOIRE MATS             |         |         |       |          | Q-time: 01:29:86                                                  |
| PB (25m pool): 01:29.86 Kapelle-op-den-Bos 19/04/2026 |         |         |       |          | PB (50m pool): no time SB: 01:29.86 Kapelle-op-den-Bos 19/04/2026 |
|                                                       | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                                   |
| PB                                                    |         | no time |       | 01:29.86 |                                                                   |
|                                                       | no time |         |       |          |                                                                   |
|                                                       | .....   | .....   | ..... | .....    |                                                                   |

Coach feedback:

|                                           |         |         |       |         |                                    |
|-------------------------------------------|---------|---------|-------|---------|------------------------------------|
| Event number: 17: 100M MEDLEY MEN 11+     |         |         |       |         | Heat:1, starttime: 21:03           |
| Heat: 1/3 Lane : 5 Athlete: ALLOING MYLAN |         |         |       |         | Q-time: 99:99:99                   |
| PB (25m pool): no time                    |         |         |       |         | PB (50m pool): no time SB: no time |
|                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                    |
| PB                                        |         | no time |       | no time |                                    |
|                                           | no time |         |       |         |                                    |
|                                           | .....   | .....   | ..... | .....   |                                    |

Coach feedback:

# SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

| Event number: 17: 100M MEDLEY MEN 11+     |         |         |       |          | Heat:2, starttime: 21:05                              |
|-------------------------------------------|---------|---------|-------|----------|-------------------------------------------------------|
| Heat: 2/3 Lane : 3 Athlete: JORIS JESSE   |         |         |       |          | Q-time: 01:14:10                                      |
| PB (25m pool): 01:14.10 Tienen 26/10/2025 |         |         |       |          | PB (50m pool): no time SB: 01:14.10 Tienen 26/10/2025 |
|                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                       |
| PB                                        |         | no time |       | 01:14.10 |                                                       |
|                                           | no time |         |       |          |                                                       |
|                                           | .....   | .....   | ..... | .....    |                                                       |

Coach feedback:

| Event number: 18: 100M MEDLEY WOMEN 11+                   |         |         |       |          | Heat:4, starttime: 21:16                              |
|-----------------------------------------------------------|---------|---------|-------|----------|-------------------------------------------------------|
| Heat: 4/5 Lane : 2 Athlete: FERNANDEZ PEDRERA TARIK LAILA |         |         |       |          | Q-time: 01:21:70                                      |
| PB (25m pool): 01:21.70 Tienen 26/10/2025                 |         |         |       |          | PB (50m pool): no time SB: 01:21.70 Tienen 26/10/2025 |
|                                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                       |
| PB                                                        |         | no time |       | 01:21.70 |                                                       |
|                                                           | no time |         |       |          |                                                       |
|                                                           | .....   | .....   | ..... | .....    |                                                       |

Coach feedback:

| Event number: 18: 100M MEDLEY WOMEN 11+    |         |         |       |          | Heat:4, starttime: 21:16                               |
|--------------------------------------------|---------|---------|-------|----------|--------------------------------------------------------|
| Heat: 4/5 Lane : 3 Athlete: ALLOING MYRTHE |         |         |       |          | Q-time: 01:17:63                                       |
| PB (25m pool): 01:17.63 Hannuit 18/01/2025 |         |         |       |          | PB (50m pool): no time SB: 01:19.64 Hannuit 29/11/2025 |
|                                            | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                        |
| PB                                         |         | no time |       | 01:17.63 |                                                        |
|                                            | no time |         |       |          |                                                        |
|                                            | .....   | .....   | ..... | .....    |                                                        |

Coach feedback:

| Event number: 18: 100M MEDLEY WOMEN 11+    |         |         |       |          | Heat:4, starttime: 21:16                               |
|--------------------------------------------|---------|---------|-------|----------|--------------------------------------------------------|
| Heat: 4/5 Lane : 5 Athlete: ROOSEN TESS    |         |         |       |          | Q-time: 01:22:03                                       |
| PB (25m pool): 01:22.03 Hannuit 29/11/2025 |         |         |       |          | PB (50m pool): no time SB: 01:22.03 Hannuit 29/11/2025 |
|                                            | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                        |
| PB                                         |         | no time |       | 01:22.03 |                                                        |
|                                            | no time |         |       |          |                                                        |
|                                            | .....   | .....   | ..... | .....    |                                                        |

Coach feedback:



SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

|                                               |           |           |           |           |                                                        |
|-----------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Event number: 18: 100M MEDLEY WOMEN 11+       |           |           |           |           | Heat:5, starttime: 21:18                               |
| Heat: 5/5 Lane : 1 Athlete: VAN BOXSTAEL NORA |           |           |           |           | Q-time: 01:15:45                                       |
| PB (25m pool): 01:15.45 Hannuit 28/03/2026    |           |           |           |           | PB (50m pool): no time SB: 01:15.45 Hannuit 28/03/2026 |
|                                               | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                            |           | no time   |           | 01:15.45  |                                                        |
|                                               | no time   |           |           |           |                                                        |
|                                               | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback: